

Depression in the workplace in Brazil

Workplace depression is a major issue across different cultures and economies, with devastating consequences.

Lifetime prevalence of depression in Brazil: **18%** or **34 million**^{1,2}

1. Kessler RC, et al. *Depress Anxiety*. 2010;27(4):351-64; 2. Population Reference Bureau (PRB). 2010 World Population Data Sheet. Available at: www.prb.org/pdf10/10wpds_eng.pdf Last accessed: August 2016

Depression costs Brazil more than US\$78 billion in lost productivity (absence from work, and attending work while unwell)¹



More than **x3** higher than the total Brazilian budget for mines and energy²

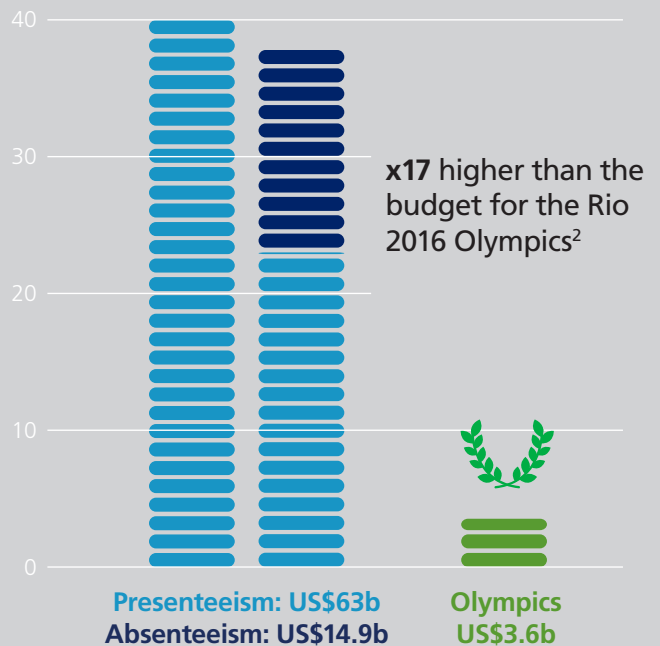


US\$78b
Lost Productivity

US\$23.5b
Brazilian Ministry of Mining & Energy Budget

1. Evans-Lacko, S. & Knapp, M. *Soc Psychiatry Psychiatr Epidemiol* (2016). doi:10.1007/s00127-016-1278-4;
2. Brazilian Budget – preliminary report. Available at: www12.senado.gov.br/orcamento/documentos/loa/2015/elaboracao/parecer-preliminar/relatorio-preliminar/view Last accessed: August 2016

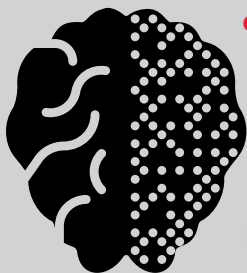
Depression-related presenteeism* costs Brazil US\$63.3 billion¹ (*attending work while unwell)



Key:
Pr Presenteeism (attending work while unwell)
Ab Absenteeism (unscheduled absence from work)
● Budget for Rio 2016 Olympics

1. Evans-Lacko, S. & Knapp, M. *Soc Psychiatry Psychiatr Epidemiol* (2016). doi:10.1007/s00127-016-1278-4;
2. Rio 2016: 30% Cutback on Games budget to Avoid Overspend. Available at: www.bbc.co.uk/sport/olympics/34450535 Last accessed: August 2016

The cognitive symptoms of depression, for instance difficulties in concentrating, making decisions and remembering, are present up to **94%** of the time during an episode of depression¹, causing significant impairment in work function and productivity²

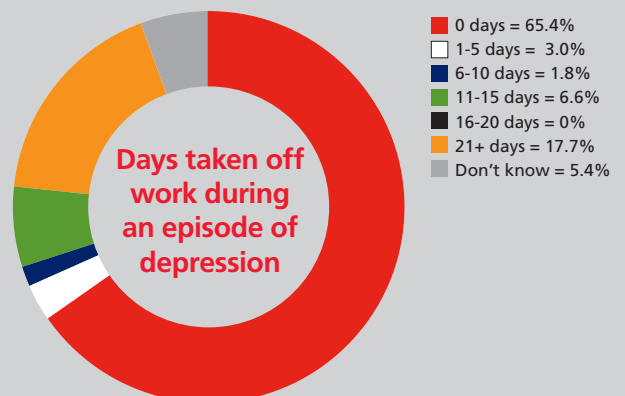


Cognitive symptoms are a crucial factor affecting workplace performance in people with depression

1. Conradi HJ et al. *Psychological Medicine*. 2011;41:1165-1174;
2. Greer TL et al. *CNS Drugs*. 2010;24(4):267-284

McIntyre RS et al. *Compr Psychiatry*. 2015;56:279-82

Brazilian employees are likely to keep working during an episode of depression, impacting their productivity and performance at work



Evans-Lacko, S. & Knapp, M. *Soc Psychiatry Psychiatr Epidemiol* (2016). doi:10.1007/s00127-016-1278-4.