

# Depression in the workplace in the US

Workplace depression is a major issue across different cultures and economies, with devastating consequences.

Lifetime prevalence of depression in the US: **16.6%** or **53 million**<sup>1,2</sup>

1. U.S. Census Bureau. Available at: [www.census.gov/popclock/](http://www.census.gov/popclock/) Last accessed: August 2016;  
2. Kessler et al. *Epidemiology and Psychiatric Sciences*. 2015;24(03):210–226

## Depression costs the US more than US\$91 billion in lost productivity (absence from work, and attending work while unwell)<sup>1</sup>



**US\$91b**  
Lost Productivity

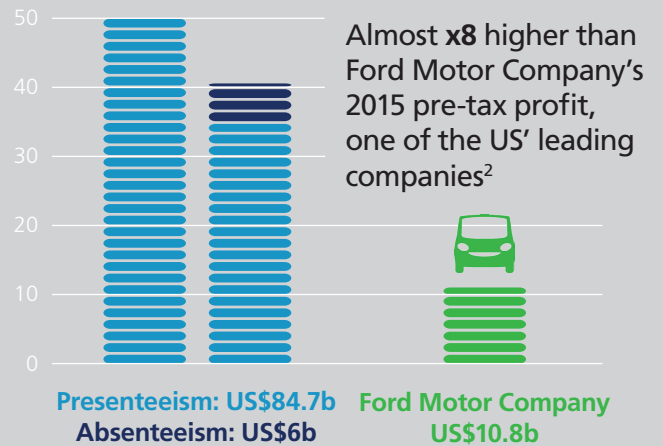
More than the total annual US budget for education<sup>2</sup>



**US\$70.7b**  
US Education Budget

1. Evans-Lacko, S. & Knapp, M. *Soc Psychiatry Psychiatr Epidemiol* (2016). doi:10.1007/s00127-016-1278-4;  
2. The Budget. Available at: <https://www.whitehouse.gov/omb/budget/Overview> Last accessed: August 2016

## Depression-related presenteeism\* costs the US \$84.7 billion<sup>1</sup> (\*attending work while unwell)

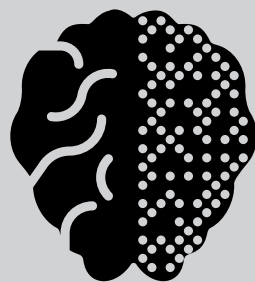


Almost **x8** higher than Ford Motor Company's 2015 pre-tax profit, one of the US' leading companies<sup>2</sup>

**Pr** Presenteeism (attending work while unwell)  
**Ab** Absenteeism (unscheduled absence from work)  
**●** Ford's 2015 pre-tax profit

1. Evans-Lacko, S. & Knapp, M. *Soc Psychiatry Psychiatr Epidemiol* (2016). doi:10.1007/s00127-016-1278-4;  
2. Ford. Financial Reports and Filings. Available at: <http://corporate.ford.com/investors/reports-and-filings/annual-reports.html#/> Last accessed: August 2016

The cognitive symptoms of depression, for instance difficulties in concentrating, making decisions and remembering, are present up to **94%** of the time during an episode of depression<sup>1</sup>, causing significant impairment in work function and productivity<sup>2</sup>



1. Conradi HJ et al. *Psychological Medicine*. 2011;41:1165–1174;  
2. Greer TL et al. *CNS Drugs*. 2010;24(4):267–284

Cognitive symptoms are a crucial factor affecting workplace performance in people with depression



McIntyre RS et al. *Compr Psychiatry*. 2015; 56:279–82

Almost 50% of US employees are highly educated

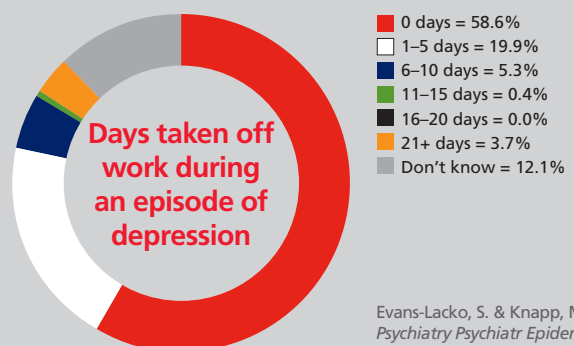
Highly educated employees with depression are likely to...

- Work in a highly demanding job and therefore be severely impacted by the cognitive symptoms of depression
- Manage others so the impact of their depression has wider consequences



Evans-Lacko, S. & Knapp, M. *Soc Psychiatry Psychiatr Epidemiol* (2016). doi:10.1007/s00127-016-1278-4.

US employees are likely to keep working during an episode of depression, impacting their productivity and performance at work



Evans-Lacko, S. & Knapp, M. *Soc Psychiatry Psychiatr Epidemiol* (2016). doi:10.1007/s00127-016-1278-4.